

Friends for Learning Registration Form – Spring 2025

Please keep a copy of this form for your future reference.

Name _____ *Please print clearly*

• **FFL Members:** List changes to address, e-mail or phone here _____

• **For new members only:** Please complete the following information:

Address _____ Zip _____

Phone _____ Cell _____ Email _____

How to Register:

- Complete the Registration Form. Refer to the Course Catalog for details about each class.
- **Membership Fee** – The semester fee is \$20.00. (*Other course-specific fees may be assessed as needed by the instructor.*) Make the check out to ISU-FFL and follow mail-in instructions below.
- **Register Online at: cetrain.isu.edu/ffl**
- **In-person registration:** If you wish to have help with registration, join us on the Idaho Falls campus on January 13, 2025 in room CHE 304.

You can just as easily download this Registration Form, fill it out and send it to the address below.

- **Mail-in Registration:** Mail your Registration Class List and registration \$20.00 fee to:
 Idaho State University
 Continuing Education/Workforce Training - FFL
 921 South 8th Avenue, Stop 8380
 Pocatello, ID 83209

Parking Passes: Only new registrants will need a parking pass. Fall 2024 parking passes are to be used for the 2025 Spring classes.

	Course #	Course Title	Instructor	Start Date
___	4242	FFL Volunteer Opportunities		
___	4215	Parking Pass		
___	4121	HWE - Main email list		
___	4793	HWE - Walking email list	Cynthia Steele	
___	4789	HWE - Cross-Country Skiing and Snowshoeing email list	Jeanell Coyne	
___	4790	HWE - Day Adventures email list	Pam Johnson	
___	4791	HWE - Off-Roaders Group email list	Bruce Wilding	
___	4792	HWE - RV Camping email list	Vicky Van Sickle	
___	4788	Bus Trip email list		
___	4564	Men's Brunch	Jeff Bryan	1/8/2025
___	N/A	FFL In-person Registration	The board & Shirley	1/13/2025
___	4137	Pinochle-Double Deck		1/13/2025
___	4289	Hand and Foot Card Game		1/16/2025
___	4607	Spanish	Eva Montantes	1/20/2025
___	4765	Gorongosa National Park	Jeff Carr	1/24/2025
___	4772	PDF Files - Why and How to use them	Gretchen O'Bleness	1/28/2025
___	4241	Zumba Gold (Seated)	Jennifer O'Sullivan	1/31/2025
___	4785	Align and Flow Yoga	Kristen Clayton	2/3/2025

___	4433	Fitness Made Simple	Leslee Blanch	2/4/2025
___	4777	Where Do We Go From Here?	Patrick Trimp	2/5/2025
___	4759	2024 Water Negotiations	Alan Jackson	2/5/2025
___	4786	Gentle Chair Based Yoga (Thursdays)	Katy Browning	2/6/2025
___	4548	Dot Mandala Rock Painting	Gretchen O'Bleness	2/7/2025
___	4218	Line Dancing	Group	2/7/2025
___	4787	An Adventure at the Aquarium	Ashley	2/11/2025
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___	4650	Writing Your Story	Sidney Hoopes	2/12/2025
___	4748	Women's Luncheon	Vicky Van Sickle	2/12/2025
___	4784	Museum Tour 1	Museum of Idaho staff	2/12/2025
___	4265	Iris Folding	Karin Armstrong	2/19/2025
___	4755	Chance of Weather?	Michael Coats	2/19/2025
___	4749	World Heritage Sites - Part 2	Robin Piet	2/19/2025
___	4760	Discover Guilt Free Eating	Danielle Jantzen	2/25/2025
___	4650	Wood Specialty Court	Judge Dane Watkins	2/26/2025
___	4778	PowerPoint for Beginners	Jane Roberts	2/26/2025
___	4776	Vanuatu Land Eternal	Nelleke Meuzelaar	3/3/2025
___	4569	Shutterfly Photo Book	Gretchen O'Bleness	3/4/2025
___	4762	Eyes as we age	Dr Jared Ivie	3/5/2025
___	4188	Reader's Round Table	Sidney Hoopes	3/5/2025
___	4769	Home Staging	Erica Stallings	3/12/2025
___	4693	Pi Day (Bring a Pie) Party	Gretchen O'Bleness	3/14/2025
___	4779	Cheese Making Process	Blake Manwaring	3/17/2025
___	4763	Finding a Famous Ancestor: Maybe a Sculptor	Kim Jardine- Dickerson	3/18/2025
___	4773	Positive Affirmations Will Change Your Life	Yorel Dean	3/19/2025
___	4761	Email - Regaining Control	Gretchen O'Bleness	3/19/2025
___	4781	Songs from Pirates of Penzance	Rob Farnam	3/21/2025
___	4771	New Zealand Adventure by Van	Gretchen O'Bleness	3/31/2025
___	4766	Gratitude	Leslee Blanch	4/1/2025
___	4768	Heighten Awareness/Lower Risks	Jeff Young	4/2/2025
___	4770	Naloxone Training	Mallory Johnson	4/2/2025
___	4323	Everyone Can Draw	Nancy Peterson	4/3/2025
___	4780	Ronald McDonald Family Room Tour	Deborah Chessey	4/3/2025
___	4160	Computer Security for Seniors	Tomm Larson	4/4/2025
___	4758	The Scandalous Mitford Sisters	Lexie French	4/7/2025

4554	Funeral Home Tour/Understanding Grief	Brian McBride	4/9/2025
4784	Museum Tour 2	Museum of Idaho staff	4/9/2025
4780	Ronald McDonald Family Room Tour	Deborah Chessey	4/10/2025
4756	Hot Topic - Cool Science - The Basics of Heat Transfer	Kevin Young	4/11/2025
4754	Bridge Builders	Joe Mitchell	4/16/2025
4757	Resilient Poland	Steve Piet, Mick Nelson, Lisa Demers	4/16/2025
4764	Gardening Thru the Ages	Sam Ellsworth	4/18/2025
4783	Red Beans and Rice, section A	Woodie Woodford	4/21/2025
4783	Red Beans and Rice, section b	Woodie Woodford	4/21/2025
4775	Unveiling American Holidays: Tracing Traditions and Legends	Debbie Borek	4/22/2025
4767	Healing from Moral Injury	Todd DeVries	4/23/2025
4782	Clam Chowder, section A	Woodie Woodford	4/25/2025
4782	Clam Chowder, section B	Woodie Woodford	4/25/2025
4749	World Heritage Sites - Part 3	Robin Piet	4/30/2025
4503	Pickleball	Mark/Jeff Bryan	5/5/2025
4774	Responding to Dementia-Related Behaviors	Jody Cornilsen	5/7/2025
4613	Melaleuca Headquarters and Distribution Center Tours	Tammy Reboiro	5/7/2025
4753	Aconcagua and Denali - The Tops of the Americas	Kaleb Houck	5/8/2025
4529	IF Zoo Behind the Scenes	David Pennock	5/8/2025
4299	Spring Social	FFL Board of Directors	5/14/2025
4152	Bears and the Yellowstone Experience	Sidney Hoopes	July 7-11
4311	Summer Picnic & Annual FFL Meeting	FFL Board of Directors	8/12/2025