



## **Confined Space Rescue Training**

### **Course agenda and syllabus for the 40-hour Confined Space Rescue Course**

#### **Day One.**

0900-1200 Welcome and introductions, course objectives, review of OSHA Confined Space Regulations CFR 1910.146, NFPA Standards

1200-1300 Lunch

1300-1500 Review of equipment and logistics

1500-1700 Hazards and ventilation of confined spaces, atmospheric monitoring

#### **Day Two**

0900-1200 Lecture with PowerPoint, review confined space case studies

1200-1300 Lunch

1300-1430 Skill station 1&2. Atmospheric monitoring, duties of an attendant and rescuer, completing an entry permit and safety considerations

1430-1600 Skill station 3&4. Basic knots, rope rescue retrieval systems and patient packaging

1600-1700 Equipment breakdown, inspection, inventory, and return gear to service, questions and answers

#### **Day Three**

0900-1000 Skill station 5 ventilation and atmospheric troubleshooting

1000-1200 Horizontal entry scenarios

1200-1300 Lunch

1300-1600 Vertical entry scenarios with tripod access

1600-1700 Scenario critique. equipment breakdown, inspection, inventory, and return gear to service, questions and answers

#### **Day Four**

0900-1200 Hands on skill sign off

1200-1300 Lunch

1300-1400 Construct a high point anchor using 2 fire department extension ladders

1400-1600 Scenarios

1600-1700 Scenario critique. equipment breakdown, inspection, inventory, and return gear to service, questions and answers

#### **Day Five**

0900-1000 Review of course topics

1000-1100 Written test of knowledge

1100-1200 Lunch

1200-1600 Student-led final scenarios

1600-1700 Scenario critique. Equipment breakdown, inspection, inventory, and return gear to service, questions and answers, course evaluations

